

Child Care Health Consultation Health Issue Training Lesson Plan

Contractor (LPHA) Name: Platte County Health Department

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Health and Safety Standards	Training Levels
<input type="checkbox"/> Promoting Risk Management Practices <input checked="" type="checkbox"/> Protecting Children and Youth <input type="checkbox"/> Promoting Physical Health <input checked="" type="checkbox"/> Promoting Mental Health <input type="checkbox"/> Promoting Healthy Eating	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input checked="" type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

Title: Emotional and Social Approaches to Learning 1.0

Learning Objective(s): Social and emotional development is a child's ability to understand the feelings of others, control his or her own feelings and behaviors, get along with other children & to develop basic social skills such as: cooperation, following directions, demonstrating self-control and paying attention.

Participants will:

- Have a better understanding of social and emotional learning
- Identify the 3 main brain state (survival, emotional, and executive)
- Identify and assess a child's internal state
- Identify four main personality traits and each personality's hidden needs
- Identify ways to assure healthy and safe connection

Topical Outline of Content	Resources Used
PART I: Introduction: Define Social and Emotional Learning (SEL)	Power Point & Discussion
Part II: Explain the differences between Survival, Emotional and Executive brain function	Activity Worksheet: Question and Answer
Part III: Identify basic needs of four main personality traits and universal strategies to enhance SEL for the (social, emotional, serious, determined) child	PowerPoint and Poster
Part IV: Identify ways to assure healthy connections for each personality trait	PowerPoint and Poster
Part V: Resources	Handouts

Method(s) of Outcome Evaluation: Question & Answer, Class Evaluation

Health Issue Trainings are developed utilizing best practice references such as the "Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals" (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, "Caring for Our Children." Consultants developing new lessons for Health Issue Trainings should use this template and submit to the CCHC Program Manager, for submission to the Missouri Workshop Calendar for Program approval. Health Issue Trainings already approved by the CCHC Program Manager and the MO Workshop Calendar are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.